Convent of Mercy Kilrush Co. Clare



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Anti-Bullying Policy

St. Senan's Primary School, Kilrush Co.Clare

- 1. In accordance with the requirements of the Education (Welfare) Act 2000 and the code of behaviour guidelines issued by the NEWB, the Board of Management of St. Senan's Primary School has adopted the following anti-bullying policy within the framework of the school's overall code of behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post-Primary Schools which were published in September 2013.
- 2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to the following key principles of best practice in preventing and tackling bullying behaviour:
- (a) A positive school culture and climate which
 - is welcoming of difference and diversity and is based on inclusivity;
 - encourages pupils to disclose and discuss incidents of bullying behaviour in a nonthreatening environment; and
 - promotes respectful relationships across the school community
- (b) Effective leadership
- (c) A school-wide approach
- (d) A shared understanding of what bullying is and its impact
- (e) Implementation of education and prevention strategies (including awareness raising measures) that-
 - build empathy, respect and resilience in pupils; and
 - explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying;
- (f) Effective supervision and monitoring of pupils

- (g) Supports for staff
- (h) Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies); and
- (i) On-going evaluation of the effectiveness of the anti-bullying policy
- 3. In accordance with the *Anti-Bullying Procedures for Primary and Post-Primary Schools* bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical, conducted by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

- deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying and
- identity-based bullying such as homophobic bullying, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a once-off offensive or hurtful text message or other private messaging, do not fall within the definition of bullying and should be dealt with, as appropriate, in accordance with the school's code of behaviour.

However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's code of behaviour.

Additional information on different types of bullying is set out in Section 2 of the *Anti-Bullying Procedures for Primary and Post-Primary Schools*.

Examples of bullying behaviours

- Harassment based on any of the nine grounds in the Equality Legislation
- Physical Aggression
- Damage to property
- Name Calling
- Extortion
- Intimidation
- Cyber Bullying
- Relational Bullying

4. The relevant teacher(s) for investigating and dealing with bullying

The relevant teachers in this school are:

Class Teacher Deputy Principal Principal

Any teacher may act as a relevant teacher if circumstances warrant it.

5. As bullying of any kind detracts from the school ethos, culture and aims, the entire School Community, comprising Students, Parents and Staff has a role to play in eliminating bullying behaviour from the school.

The education and prevention strategies (including strategies specifically aimed at cyberbullying, homophobic and transphobic bullying) used by the school are as follows:

- A school-wide approach to the fostering of respect for all members of the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping, and highlight the unacceptability of bullying behaviour.
- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extracurricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- Regular whole staff discussion on bullying to ensure that all staff develops an awareness of what bullying is, how it impacts on pupils' lives and the need to respond to it-prevention and intervention.
- School wide awareness raising and training, where necessary, on all aspects of bullying, to include pupils, parents/guardians and the wider school community.
- Supervision and monitoring of classrooms, corridors, school grounds, school tours and extracurricular activities. Non-teaching and ancillary staff will be encouraged to be vigilant and report issues to relevant teachers. Supervision will also apply to monitoring student use of communication technology within the school.
- Involvement of the student council in contributing to a safe school environment.
- The school developed an Anti-Bullying code: "Be a Buddy not a Bully"
- The school's anti-bullying policy is discussed with pupils and all parents/guardians are given a copy as part of the Code of Behaviour of the school on enrolment.
- The School will implement whole school awareness measures.
- We encourage a culture of telling, with particular emphasis on the importance of bystanders. In that way pupils will gain confidence in 'telling'. This confidence factor is of vital importance. It will be made clear to all pupils that when they report incidents of bullying they are not considered to be telling tales but are behaving responsibly.
- Ensuring that pupils know who to tell and how to tell.

Implementation of curricula

• The full implementation of the SPHE Curriculum and the RSE and Stay Safe Programmes.

- Continuous Professional Development for staff in delivering these programmes.
- School wide delivery of lessons on bullying from evidence based programmes e.g. Stay Safe,
 Walk Tall
- School wide delivery of lessons on bullying.
- The Garda SPHE Programme is delivered by Community Garda annually and covers issues around personal safety and cyber-bullying.
- The school will specifically consider the additional needs of SEN pupils with regard to programme implementation and the development of skills and strategies to enable all pupils to respond appropriately.

Links to other policies

- Other School Policies which are particularly relevant to bullying, include The School's Code of Behaviour, Child Protection Policy, Acceptable Use Policy, Attendance Policy.
- 6. The school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows:

Procedures for Investigating and Dealing with Bullying

The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved (rather than to apportion blame);

Every effort will be made to ensure that all involved (including pupils, parents/guardians) understand this approach from the outset. A copy of the school's Anti Bullying Policy is available on the School Website.

Reporting bullying behaviour

- Any pupil or parent(s)/guardian(s) may bring a bullying incident to any teacher in the school.
- All reports, including anonymous reports of bullying, will be investigated and dealt with by the class teacher.
- Teaching and non-teaching staff such as secretaries, special needs assistants (SNAs), bus
 escorts, caretakers, cleaners must report any incidents of bullying behaviour witnessed by
 them, or mentioned to them, to the class teacher;

Investigating and dealing with incidents

In investigating and dealing with bullying, the class teacher will exercise his/her professional judgement to determine whether bullying has occurred and how best the situation might be resolved;

- While it is primarily the role of the class teacher to deal with any incidents, other staff members may also have a role to play.
- Parents/guardians and pupils are required to co-operate with any investigation and assist
 the school in resolving any issues and restoring, as far as is practicable, the relationships of
 the parties involved as quickly as possible;
- Teachers will take a calm, unemotional problem-solving approach.

- Any investigation aims to respect, as far as is possible, the privacy and integrity of all involved. Pupils who are not directly involved can also provide very useful information in this way.
- The key questions of what? where? when? who? and why? will be considered.
- If a group is involved, each member will be interviewed individually at first. Depending on the nature of the issue, the group itself may be met at a later stage.
- Parents/Guardians may also be informed so as to reinforce the actions being taken by the school.
- Where it has been determined that a pupil has been engaged in bullying behaviour, it will be made clear to him/her how he/she is in breach of the school's anti-bullying policy and efforts will be made to try to get him/her to see the situation from the perspective of the pupil being bullied.
- It will be made clear to all involved (each set of pupils and parents/guardians) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his or her parents/guardians and the school.

Follow up and recording

- In determining whether a bullying case has been adequately and appropriately addressed the relevant teacher must, as part of his/her professional judgement, take the following factors into account:
 - -Whether the bullying behaviour has ceased;
 - -Whether any issues between the parties have been resolved as far as is practicable;
 - -Whether the relationships between the parties have been restored as far as is practicable;
 - -Any feedback received from the parties involved.
- Where a parent/guardian is not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parent/guardian may use the school's complaints procedures.
- In the event that parents/guardians have exhausted the school's complaints procedures and are still not satisfied, they have a right to make a complaint to the Ombudsman for Children.

Recording of bullying behaviour

It is imperative that all recording of bullying incidents must be done in an objective and factual manner.

The school's procedures for noting and reporting bullying behaviour are as follows:

Informal - pre-determination that bullying has occurred

- All staff will keep a written record of any incidents witnessed by them or notified to them.
- While all reports, including anonymous reports of bullying will be investigated and dealt with by the class teacher, they will keep a written record of the reports, the actions taken and any discussions with those involved regarding same
- The class teacher may inform the principal of incidents being investigated.

Formal Stage 1-determination that bullying has occurred

 If it is established by the class teacher that bullying has occurred, he/she will record this in Formal Stage 1 Recording Template available from the Principal's Office. A copy of this may be retained by the teacher and a copy kept in the Office. This will assist

his/her efforts to resolve the issues and restore, as far as is practicable, the relationships of the parties involved.

Formal Stage 2-Appendix 3 (From DES Procedures)

The relevant teacher will use the recording template at **Appendix 3** (available from the Principal's Office) to record the bullying behaviour in the following circumstances:

- a) in cases where he/she considers that the bullying behaviour has not been adequately and appropriately addressed within 20 school days after he/she has determined that bullying behaviour occurred; and
- b) Where the school has decided as part of its anti-bullying policy that in certain circumstances bullying behaviour must be recorded and reported immediately to the Principal or Deputy Principal as applicable.

When the recording template is used, it will be retained by the teacher in question and a copy maintained by the principal.

Established intervention strategies

Teacher interviews with all pupils

- Negotiating agreements between pupils and following these up by monitoring progress.
 This may be on an informal basis or implemented through a more structured mediation process
- Working with parents/guardians to support school interventions
- No Blame Approach
- Traditional Disciplinary Approach
- Circle Time
- Socially Speaking
- Incredible Years Programme
- Friends for Life/Life Skills Programme/ Roots of Empathy

Other strategies that may be considered include: Strengthening the Victim, Mediation, Restorative Practice, Support Group Method, Method of Shared Concern. (See Anti Bullying Support Material - available to download from PDST)

- 7. The school's programme of support for working with pupils affected by bullying is as follows:
 - All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience e.g.
 - Pastoral care system
 - Care team / Student Support Team
 - Group work such as Circle Time, Friends For Life, Socially Speaking
 - Play Therapist
 - If pupils require counselling or further supports the school will endeavour to liaise with the
 appropriate agencies to organise same. This may be for the pupil affected by bullying or
 involved in the bullying behaviour.

 Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a teacher.

8. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring policies and Practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible.

9. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

- 10. This policy has been made available to school personnel, published on the school website and provided to the Parents' Association. A copy of this policy will be made available to all Parents on enrolment and to the Department and the Patron if requested.
- 11. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website and provided to the Parents' Association. A record of the review and its outcome will be made available, if requested, to the patron and the Department.

This policy was reviewed in December 2023.

This policy was ratified by the Board of Management on

(Date)

Signed:

Chairperson of Board of Management